



**TMJ SPIRIT & AUXILLARY**

# **Dance Team Training Camp**

**SUMMER 2025**

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*Your performance season starts NOW!*

Information Packet



# About Camp

The TMJ Dance Team Training Camp is an immersive three-day summer experience tailored specifically for Middle School Dance Teams, High School Dance Teams, and Community All-Star Dance Teams. This comprehensive camp offers a unique opportunity for both dancers and coaches to enhance their skills through expert-led training sessions focused on technique, choreography, and performance material.

Participants will gain valuable insights and practical knowledge that will prepare them for a successful and rewarding performance season ahead. With a blend of structured workshops and hands-on practice, the camp fosters an environment of growth, teamwork, and passion for dance.

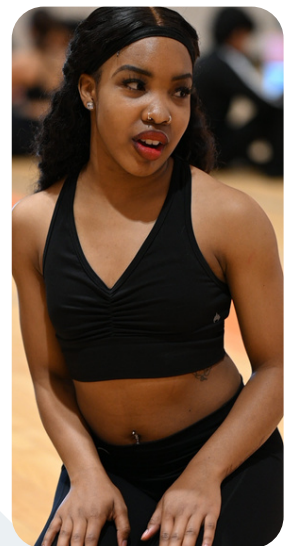




# Our Staff

Our dedicated staff features accomplished collegiate dance professionals from the leading dance teams at Historically Black Colleges and Universities (HBCUs). These talented professionals not only exhibit outstanding technical skills but also captivate audiences with their dynamic performances.

With a wealth of training and real-world experience, they are passionate about mentoring and inspiring the next generation of dancers, empowering them to hone their craft and reach their fullest potential.





# 2025 Camp Dates



## OKLAHOMA CITY, OK

June 9 - 11, 2025



## DALLAS, TX

June 12 -14, 2025



## NEW ORLEANS, LA

June 16 -18, 2025





# Camp Cost

\$225 PER DANCER

\$175 PER COACH-SPONSOR

*Camp cost includes the following:*

## Technique Workshops

Dance Fundamentals

High Kicks

Pirouettes & Jazz Turns

Jazz Leaps & Jumps

## Choreography Workshops

High Kick Routine

Jazz Routine

Pom Routine

Hip - Hop Routine

## Leadership Training

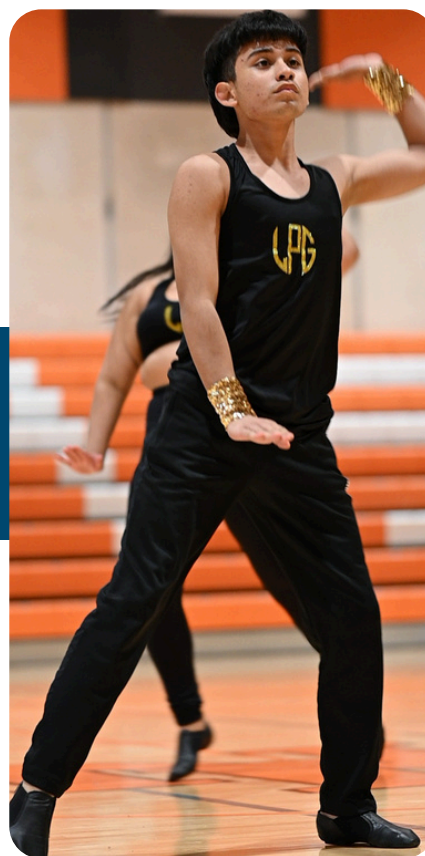
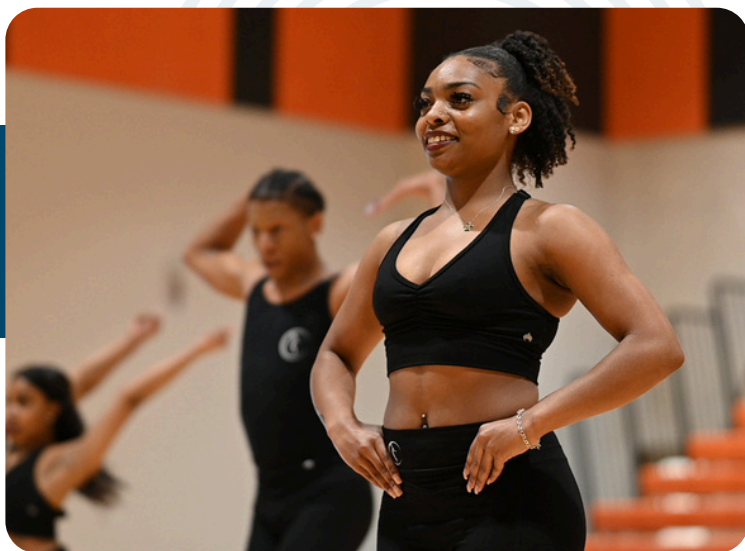
Captain's Curriculum

Coach's Curriculum

Captain Certification

Coach Certification

# Camp Schedule



*Below is the daily overview of the camp schedule. Please note that Days 1 and 3 feature slightly modified schedules to accommodate the Opening Rally Performance and the Camp Awards & Performance Showcase.*

<b>8:00 am – 8:30 am</b>	.....Officer Leadership Training   Coach’s Class
<b>8:30 am – 8:35 am</b>	.....Camp Warm-Up
<b>8:35 am – 8:40 am</b>	.....Deep Stretch
<b>8:40 am – 9:40 am</b>	.....Technique Workshop
<b>9:45 am – 10:45 am</b>	.....Choreography Workshop
<b>10:45 am – 11:45 am</b>	.....Staff Coaching
<b>11:45 am – 12:00 pm</b>	.....Choreography Review
<b>12:00 pm – 1:00 pm</b>	.....Lunch
<b>1:00 pm – 2:00 pm</b>	.....Choreography Workshop
<b>2:00 pm – 3:00 pm</b>	.....Staff Coaching
<b>3:00 pm – 3:30 pm</b>	.....Full Day Review
<b>3:30 pm – 4:00 pm</b>	.....Team Evaluation Prep
<b>4:00 pm – 5:00 pm</b>	..... Team Evaluations
<b>5:00 pm</b>	..... Dismissal





# Camp Awards

Every day at the camp, dancers, teams, and coaches or sponsors will be recognized with daily merits and special awards for their exemplary leadership, exceptional skill, strong teamwork, and outstanding performances.

The camp will culminate in an exciting Final Showcase and Awards Ceremony, where we will honor the remarkable achievements of our dancers, teams, and coaches or sponsors. This event will highlight the hard work and dedication of all participants.

Awards will be presented across a variety of categories, including 1st Place, 2nd Place, and 3rd Place for Home Routines, as well as accolades like Top Team Evaluation, Most Improved Team, and Most Spirited Team. Along with these honors, many more awards will be distributed to celebrate the exceptional skill & talent.



# Your Performance Season Starts

# NOW

## CONTACT US



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